

Howard County Local Health Improvement Coalition
July 23, 2015 @ 8:30 am – 9:30 am
Potomac Room

Members Present:

Elena Acs, Grassroots
Andrew Angelino, HC General Hospital
Karen Basinger, Univ. of MD Extension
Paula Blackwell, FIRN
Jason Brown, Walgreens
Tara Butler, Healthy Howard
Maria Carunungan, HC Health Department
Liz Clark, Healthy Howard
Marsha Dawson, HC Dept. of Citizen Services
Gail Doerr, MD Univ. of Integrative Health
Liddy Garcia-Buñuel, Healthy Howard
Bob Giromini, We Promote Health
Ronna Gotthainer, HC Health Department
Kate Harton, Healthy Howard
Danielle Herrmann, Evergreen Health Care
Peggy Hoffman, HC Dept. of Citizen Services
Brian Jolles, We Promote Health
Stu Kohn, HC Citizens Association
Brian Mattingly, Healthy Howard
Elizabeth Menachery, HC Health Department
Cindi Miller, HC General Hospital
Naa Minnoh, Healthy Howard
Kati Moore, HC Health Department
Patricia Omaña, Healthy Howard
Felicia Pailen, HC Health Department
Shawni Paraska, Columbia Association

Wanda Phillips, HC Dept. of Housing & Comm.
Development
Roe Rodgers-Bonaccorsy, HC Health Dept.
Maura Rossman, HC Health Department
Kate Schulz, United Way of Central Maryland
Arleen Tate, Delta Sigma Theta
Antigone Vickery, HC Health Department
Barbara Wasserman, Community Member
Donna Wells, HC Mental Health Authority
Linda Zumbrun, HC Dept. of Social Services

Guests present:

Virginia Brown, Univ. of MD Extension
Kathy Brooks, Columbia Association
Danelle Buchman, American Heart Ass.
Kam Chan, ALFA Specialty Pharmacy
Cheryl DePinto, DHMH
Beth Handy, MD Univ. of Integrative Health
Mary Harrison, Columbia Medical Practice
Max Pettis, ALFA Specialty Pharmacy
Deb Piez, Mental Health Authority
Priyanka Shah, DHMH

Staff Present:

Alvaro Ortiz, LHIC Program Manager
Caryssa Thomas, CCT Admin. Assistant
Jeananne Sciabarra, LHIC Program Director

Meeting Minutes:

1. Opening Remarks (Dr. Rossman):
 - Transformation Grant:
 - LHIC is integral part of grant due in December.
 - Plan to use grant to transform the health care delivery system in Howard County.
 - LHIC participants involved in various committees.
 - Good opportunity for Howard County to elevate importance of the LHIC and what it accomplishes.
2. Announcements:
 - Million Hearts Grant:
 - Short term grant through DHMH to improve patient care for patients with diabetes, pre-diabetes, and hypertension.
 - Creation of Health Guides, group effort with HCHD, HHI, and LHIC Healthy Weight group.
 - Created video for CCT to promote program with physicians and hospitals.

- Direct intervention with two practices, (Chase Brexton and Columbia Medical Practice), helping to incorporate non-physicians team members in care.
 - Have applied for a follow-up grant and should hear back in a couple of weeks.
 - HCHD Vivitrol Pilot:
 - Working with Howard County Detention Center.
 - Provide Vivitrol injections for alcohol dependence and opiate dependence relapses.
 - Counselors serving participants at detention center.
 - Referring to CCS for medical evaluation, if medical requirements are met.
 - One injection provided prior to inmate release.
 - HCHD to give follow-up injections at 30 day intervals.
 - Grant to help provide cost for first injection.
 - Subsequent injections to be billed through grant, private insurance and Medicaid.
 - 2015-2016 LHIC Open Enrollment:
 - 2 month period organizations can join or re-join the LHIC.
 - If an organization joins or re-joins within 2 month period said organization can become a voting member.
 - Organizations can complete application process and return to Jeananne or Alvaro by September LHIC meeting.
 - Plan to elect new Co-chairs for workgroups at September LHIC meeting.
 - Bylaws Advisory Group:
 - Plan to develop a small group to review LHIC bylaws every two years.
 - Determine if bylaws meet the needs of the LHIC.
 - If interested please contact Jeananne or Alvaro by email.
 - Group will probably meet face to face once, then correspond electronically.
 - Bring recommended changes to the bylaws to September LHIC meeting and then vote on changes at a future meeting.
 - LHIC Member Announcements:
 - Mental Health Authority has moved into Ascend One building. Part of integration of Behavioral Health at state level.
 - End of September Columbia Association will begin a free pilot program for pre/postnatal women.
3. Legislative Update (Kati Moore):
- Council bill 17-2015: Healthy Food and Beverages on County Property:
 - Requires healthy food beverage options provided at all youth oriented facilities and programs.
 - Establishes HC healthy food and beverage standards.
 - 75% of food beverages must meet established standards at all county buildings.
 - Healthy options must be priced \$0.25 less than higher calorie options, and must be featured on the top shelves of machines.
 - Health Department to do monitoring of effectiveness of bill.
 - Office of purchasing to enforce bill implementation and follow up on compliance issues.
 - Bill was vetoed by County Executive. Council has opportunity to override veto at meeting on July 31.

- Council bill 28 -2015: Electronic Smoking Devices prohibition:
 - Prohibits the use of ESD's in public places.
 - Bill has been tabled.
- 4. Workgroup Updates:
 - Healthy Weight:
 - Farmers' Market at Ascend One Building:
 - Successful in bringing a farmers' market to Ascend One, to help ensure access to fresh fruits and vegetables for WIC participants.
 - Available to all staff at Ascend One.
 - Beneficial for farmers as well.
 - Get Active Howard County exceeded the goal for minutes of physical activity.
 - Promoted community involvement through county bikeable and walkable master plan.
 - Promotion of healthy weight through healthy sleep.
 - Access to Care:
 - Improve access to primary care, identify gaps and needs.
 - Plan to use 211 United Way resource line.
 - Come out with recommendations on use of 211.
 - Behavioral Health:
 - 3 goal to expand access:
 - Reduce behavioral health emergencies.
 - Reduce drug induced deaths.
 - Reduce suicides in Howard County.
 - Strategies:
 - Educate physicians in identifying behavioral health issues.
 - Educate public, Police and Fire Department.
 - Strengthen delivery of urgent behavioral health services.
 - Support programs to reduce drug induced deaths.

Submitted by,
Caryssa Thomas
CCT Administrative Assistant, Healthy Howard